

From the Desk of Admin

Hello Fall!

"As we head into beautiful fall weather, it's also time to get ready for chilly days and flu season."

Flu, also called influenza, is an infection of the nose, throat and lungs, which are part of the respiratory system. The flu is caused by a virus. Flu symptoms are typically more severe and arrive much faster than a standard cold. While these symptoms are common, not everyone has them. In children, symptoms may show up more generally as being fussy or irritable. Children also are more likely than adults to have diarrhea, vomiting and an upset stomach.

There are steps you can take to help prevent respiratory illnesses, including flu. Take care of your hygiene, wash your hands often, clean high-touch surfaces regularly and keep the air around you moving. And if you have symptoms, stay home if you can to avoid spreading viruses.



Fall Fun Activities

These fall activities for adults and kids alike are the best way to take advantage of the crisp weather and beautiful foliage all season long.

Take a hike or a scenic drive to enjoy the changing red, orange, and yellow leaves

Enjoy a nature hunt

Visit a farm or pumpkin patch

Go apple picking

Bake seasonal treats

Terry Tan Child Centre is also excited to provide our families with an exclusive 25% discount on adult and child admission tickets to **Halloween Nights of Lights & Pumpkinville at CF Sherway Gardens.**

Your exclusive promo code will be: **TERRYT25** (all caps)

Board and Staff News

Our next Board Meeting will be on October 14th via zoom @ 7:00pm. Please let Hazel know if you would like to attend.

Congratulations to Tamara! She has accepted the position of Co-Assistant Supervisor starting in October.

"Children need the freedom and the time to play. Play is not a luxury; it is a necessity."
~ Kay Redfield Jamison



Special Dates

12th – Thanksgiving Day
(Terry Tan closed)

21st – Early Childhood Educator and
Childcare Worker Appreciation Day

