

OCTOBER 2026 Calendar

Toddler 1 Room



“There is always something to be thankful for” – unknown

Important Dates:

12th- Thanksgiving- Centre closed
21st - Childcare Appreciation Day
31st - Halloween

Skills we will be Working On:

Pre-reading Skills

- Practising using simple words by adding them to gestures (more, done, water, book)
- Recognizing own name on a shoe shelf
- Counting peers in different languages during transitions

Math Skills

- Practise counting backwards from 5 to 1 using “Zoom, Zoom...” song
- Solving simple puzzles (by colours, shapes...)

Motor Skills

- Working on eye-hand coordination while playing simple bowling game
- Practise sensory motor integration while chasing, jumping and popping bubbles

Self Help Skills

- Practise putting shoes on and taking them off
- Practise rolling sleeves up and continue to follow all steps of hand-washing routine
- Practise sitting at the table during lunch/snack time

Science Skills

- Labelling basic colours and matching them

- Sounds e.g. rain sticks, shakers and wave bottles

Social Skills

- Practice turn taking with friends by using simple words, i.e.: “My turn then your turn”
- Using language with friends: i.e. “Help please” and “Thank you”

Emotional Skills

- Working on self- regulation while being redirected

Ideas to do at home

Use nature to create art.

1. Go for a walk with your child or children and collect different leaves. Let your children paint the leaves and help to press them down on a paper to create an imprint.



2. Use a small piece of tape to tape down the leaves and let your children paint over them. Then take off the leaves and there will be a beautiful print left behind.



Program Enrichment

We will be enriching our program by offering additional experiences. We will have someone coming to our room on a weekly basis.

Week 1 – “Yoga”

Week 2 – “Creative Movement”

Week 3 – “Music”

Week 4 – “Early Literacy”

IMPORTANT!

With a few months of unexpected weather, please choose clothes accordingly (some light and some warmer clothes, proper shoes, hats, splash pants, rain boots etc.)